

The Late Season Fruit & Vegetable Share

The Late Season Share will run from the 1st of November until December 21.

This fruit and vegetable share will include both greenhouse grown vegetables, late field grown vegetables and late season fruits from the orchard. Arugula, Asian Greens, Broccoli, Brussels Sprouts, Cabbage, carrots, Green onions, Kale, Kossac Kohlrabi, Leeks, Lettuces, Mustard Greens, Pak Choi, Pears, Portuguese Cabbage, Potatoes, Red Choi, Red Turnip, Rutabaga, Spinach Tatsoi, Turnips, White Salad Turnip, Winter Squashes, and a different Heirloom Apple Cultivar each week.

The cost of the late season share is \$395 full share or \$315 smaller share.

Tree Fruit Share

The cost of the Full Tree Fruit Share is \$495, and the Smaller Share is \$395.

The shares will be distributed early July through October, dependent on the weather.

Some items you might expect in your Fruit Share: White Peaches, Apricots, Yellow Peaches, Apples, Plums, Cherries, Nectarines, White Nectarines, Pears

Tree fruits are grown using I.P.M. (Integrated Pest Management) methods with limited minimal spraying, all done at the blossom time.

The Berry Share ADD ON SHARE ONLY

The Berry Share will consist of both picked berries and pick your own berries, including blueberries, raspberries, strawberries and blackberries. This share will start in mid-June and run well into October.

The cost of the Berry Share is \$380, available in one size only.

Summer Vegetable Share

A basic Vegetable Share is approximately 5 to 20 pounds of vegetables, depending on the season. This is usually enough to fill one or two large grocery sacks.

The Full Vegetable Share \$795.00
The Smaller Vegetable Share: \$595.00

The shares are distributed weekly mid-June through October. Pickup hours are Saturdays 11a to 3p and Mondays 3p to 6p. You may also pick up your share at the Salem NH Farmers' Market and the Newburyport/Arrowhead Farmers' Market.

Some items you might expect in your vegetable share, weather dependent:

Early – Mid Summer Amaranth Greens, Arugula, Asian Greens, Salad Greens, Braising Greens, Beans Green & Yellow, Beet Greens, Beets, Broccoli, Bok Choy, Cabbage, Cherry Tomatoes, Chinese Cabbage, Cucumbers, French Crisp Lettuces, Fresh Garlic, Green Onions, Heirloom Lettuces, Kale, Kohlrabi, Peas, Rhubarb, Sugar Snap Peas, Summer Squash, Swiss Chard, Zucchini

Mid – Late Summer Assorted Greens, Beans Green & Yellow, Beets, Carrots, Celery, Cherry Tomatoes, Cucumbers, Eggplant, French Crisp Lettuces, Heirloom Lettuces, Heirloom Tomatoes, Hot Peppers, Kale, Melons, New Zealand Spinach, Onions, Parsley, Sweet Peppers, Plum Tomatoes, Summer Squash, Sweet Corn, Swiss Chard, Tomatoes, Watermelons, Zucchini

Early Fall Acorn Squash, Assorted Greens, Bok Choi, Broccoli, Broccoli Raab, Butternut Squash, Cabbage, Carrots, Celery, Cherry Tomatoes, Chinese Cabbage, Collards, Delicata Squash, Eggplant, Heirloom Tomatoes, Kale, Leeks, Lettuces, Onions, Sweet Peppers, Plum Tomatoes, Potatoes, Sessantina, Shell Beans, Sugar Pumpkins, Sweet Corn, Sweet Dumpling Squash, Swiss Chard, Turnips, Watermelons, Zucchini

Cutting Garden Share A fun share & great gift

Daffodils

Cut your own fresh daffodils weekly during the daffodil season (usually April into May). Enjoy the spring scent and lovely colors on your table.

Herb Garden

Cut your own bouquet garni each week to your specific needs. Greenhouse grown and field grown herbs will be included.

Summer Cutting Garden

Enjoy the summer season with bright and colorful summer flowers. Keep your vases full with the scents and colors of summer. Zinnias, Snapdragons, Ageratum, Celosia, Gomphrena, Cosmos, and more.

The Cutting Garden Share is \$195 and runs approximately 35 wks.

Early Spring Share

This share starts in early April and runs through mid June, or approximately 10 weeks. We will utilize our solar greenhouses to gain early production. Crops will include Arugula, Asian Greens, Baby Beets, Basil, Beet Greens, Bok Choi, Chinese Cabbage, Chives, Garlic, Green Onions, Heirloom Lettuces, Italian Parsley, Mizuna, Red Onions, Rhubarb, Salad Greens, Sessantina, Shallots, Spicy Greens, Spinach, Sugar Snap Peas, Swiss Chard, and (hopefully) the first early peas.

The cost of the Early Spring Share is \$395 for a full share and \$315 for a smaller share.



Name: _____

Address: _____

Town: _____

Phone: _____

Email: _____

The Shares

Full Summer Vegetable	\$795	
Smaller Summer Vegetable	\$595	
Full Tree Fruit Share	\$495	
Smaller Tree Fruit Share	\$395	
Full Early Spring Share	\$395	
Smaller Early Spring Share	\$315	
The Cutting Garden Share	\$225	
Full Late Season Vegetable	\$395	
Smaller Late Season Share	\$315	
The Berry Share	\$380	
Winter Vegetable Share	\$495	
Sponsor-A-Share Donation		
<i>Total Due</i>	\$	

Payment Information

Full Payment enclosed

PayPal (for credit card payment)

I commit to membership in the CSA at Arrowhead for the 2015 season. I will pickup my shares at the farm on distribution days..

In CSA, members join with the farmer in the risks of farming (crop failure, poor weather, etc.) and its rewards. I understand that my share will vary from week to week, generally consisting of 8 to 20 lbs. of food, varying with the seasons. There is no guarantee on the exact amount or contents of my share.

I understand that this is a Community Supported Farm, and I agree to share with Arrowhead the risks and rewards inherent in growing food.

Signature

The CSA at Arrowhead

The CSA at Arrowhead will consist of weekly distributions of farm fruits and vegetables during the seasons. The Farm provides as wide a selection of good things to eat each week as possible, varying with the seasons, to our shareholders. We use No Pesticide Sprays on any of our vegetables, herb, or berry crops.

All members of the CSA at Arrowhead will be kept informed of the farm's progress throughout the growing season via e-newsletter, and scheduled Crop Walks.

There will also be Pick-Your-Own vegetables, available for shareholders to harvest each week. One share is intended to feed a family of 3 to 5. A Smaller Share is intended to feed 2 adults or a family with small children.

Mid-Winter Share

Join us at Arrowhead this winter for the fourth Mid-Winter Share! Fresh greens from the Solar Greenhouses, root vegetables from the storage barn, heritage apples, and winter pears. Thirteen weeks of fresh, local vegetables and fruit to enjoy!

This share runs January through March of 2015. Saturday pickup 11a to 4p at the Farm and Sundays 10a to 2p at the Salem, NH Farmers' Market.

The Mid-Winter Vegetable Share is \$495.

To Pay – Checks can be made out to CSA at Arrowhead and mailed to us at:

**The CSA at Arrowhead
131 Old Ferry Road
Newburyport, MA 01950**

Credit card payment can be processed using PayPal. You may also sign up using PayPal through our website at www.arrowheadfamilyfarm.com.

*Support Your
Local Farms*



Eat Well! Have Fun!

**2015
Membership
Application**

131 Old Ferry Road
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CSA@arrowheadfamilyfarm.com

www.arrowheadfamilyfarm.com